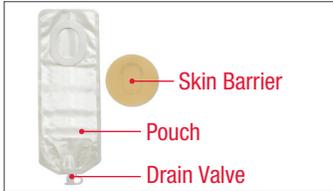


# Pouchkins Newborn Pouching System

## Collect Supplies



Gather pouch, skin barrier, measuring guide, scissors, pen, water, and gauze, cotton balls, or tissue.

## Remove Used Pouching System



Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch. Do not flush down toilet.

## Clean and Dry Skin



Clean the skin with water or with a gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

## Prepare the Skin Barrier and Pouch



Measure the stoma using a stoma measuring guide before every barrier application.



Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.



Remove the release liner from the pouch.



With the paper side of the skin barrier facing up, center the skin barrier on the adhesive of the pouch. Hold together for 10 seconds. No adhesive should be visible beyond the skin barrier.

## Apply the New Pouching System



Remove the release liner from the skin barrier. Set aside with the adhesive facing up. Close drain valve at bottom of pouch by attaching cap.



Center the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.

## Tips

- The newborn pouch has a spout at the bottom. If the discharge becomes too thick, you may cut off the bottom of the pouch at desired location. Cut through the plastic pouch stabilizers located inside the pouch and remove them
- Apply the soft wire closure included in the box. Refer to detailed instructions inside box. If too much is cut off the pouch capacity will be diminished
- Empty pouch when 1/3 to 1/2 full of discharge or gas. If the capacity is insufficient, consider a larger pediatric pouch
- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC/ET Nurse or ostomy specialist

